

COUPLE SKATING TEST



MBR. NO.# _____ SKATER NAME _____
 (Family Name) (First Name)

BIRTHDATE _____ ADDRESS _____
 DD / MM / YYYY

MBR. NO.# _____ PARTNER NAME _____
 (Family Name) (First Name)

MBR. NO.# _____ Examiner _____
 (Family Name) (First Name)

MBR. NO.# _____ Rink / Club _____ CPLT_en_v14a

Send original to: Ice Skating Institute Asia, GPO Box No. 579, General Post Office, Hong Kong SAR China. Make a photocopy for rink or club.

TEST DATE _____

COUPLE	REQUIRED MANEUVERS (0-10)							PROGRAM (0-10)									
	HALF FLIP JUMP	SWING ROLLS 1FWD/1BKWD	SHOOT THE DUCK / LUNGE	FORWARD INSIDE PIVOTS	TWO FOOT SPINS	3 BUNNY HOPS	COMP. MAN SCORE	POSTURE	POSITION	EXTRA CONTENT	CORRECTNESS	PATTERN	RHYTHM	UNISON	DURATION 1.5 MIN	PROGRAM SCORE	TOTAL
COUPLE 1																	
COUPLE 2	FWD, X-OVERS	BWD. X-OVERS	FWD. ARABESQUES	1/2 LUTZ JUMPS	ONE-FOOT SPINS	DANCE STEP SEQUENCE (Freestyle 2)	COMP. MAN SCORE	POSTURE	POSITION	EXTRA CONTENT	CORRECTNESS	PATTERN	RHYTHM	UNISON	DURATION 1.5 MIN	PROGRAM SCORE	TOTAL
COUPLE 2																	
COUPLE 3	3 WALTZ JUMPS	SALCHOW JUMPS	CHANGE FOOT SPINS	ARABESQUES	TOE LOOP / TOE WALLEY	DANCE STEP SEQUENCE (Freestyle 3)	COMP. MAN SCORE	POSTURE	POSITION	EXTRA CONTENT	CORRECTNESS	PATTERN	RHYTHM	UNISON	DURATION 1.5 MIN	PROGRAM SCORE	TOTAL
COUPLE 3																	
COUPLE 4	LOOP JUMPS	WALTZ LIFT	FLIP JUMPS	WALTZ SPINS	FWRD. UNDERCUT SPIRAL (Jenkins) / S-B-S BKWD. ARABESQUE	DANCE STEP SEQUENCE (Freestyle 4)	COMP. MAN SCORE	POSTURE	POSITION	EXTRA CONTENT	CORRECTNESS	PATTERN	RHYTHM	UNISON	DURATION 2.0 MIN	PROGRAM SCORE	TOTAL
COUPLE 4																	
COUPLE 5	AXEL LIFT OR PULL WALTZ	FLIP LOOP OR LOOP LIFT	SIT SPINS	PIVOT SPIRAL	CROSS-ARM LIFT	DANCE STEP SEQUENCE (Freestyle 5 -SHADOW)	COMP. MAN SCORE	POSTURE	POSITION	EXTRA CONTENT	CORRECTNESS	PATTERN	RHYTHM	UNISON	DURATION 2.0 MIN	PROGRAM SCORE	TOTAL
COUPLE 5																	
COUPLE 6	LUTZ JUMPS	AXEL JUMPS	CAMEL SPINS	CAMEL SIT-UPRIGHT SPINS	FAST BACK SCRATCH SPINS	DANCE STEP SEQUENCE (Freestyle 5 -MIRROR)	COMP. MAN SCORE	POSTURE	POSITION	EXTRA CONTENT	CORRECTNESS	PATTERN	RHYTHM	UNISON	DURATION 2.0 MIN	PROGRAM SCORE	TOTAL
COUPLE 6																	
COUPLE 7	SPLIT JUMPS	SPLIT FALLING LEAF	AXEL 1/2 LOOP FLIP	DOUBLE SALCHOWS	X FOOT / LAYBACK / SIT-CHG-SIT SPIN (CHOOSE 1)	COMBINATION SPIN	COMP. MAN SCORE	POSTURE	POSITION	EXTRA CONTENT	CORRECTNESS	PATTERN	RHYTHM	UNISON	DURATION 2.5 MIN	PROGRAM SCORE	TOTAL
COUPLE 7																	

In order to achieve a unified standard, Freestyle 8-9; Couple 8-9; Dance 8-9; and Pair 6-9 if not judged at an authorized test session, the skater must send a DVD, unedited, single camera, showing all the required compulsory. Ice Skating Institute Asia (ISIAsia) will select a panel of judges for these high level tests.

Video Test Form is available at the ISIAsia Office and each video test is subject for a non-refundable fee of US\$55.00/HK\$440.00.

For guidelines on all Level 10 tests, please refer to the ISI Handbook. These tests must be graded by five examiners selected by ISIAsia at an ISIAsia appointed event/test session.